

Parental Consent Form – Family Life Option

School: _____ Date: _____

Teacher: _____ Class: _____

Dear Parent/Guardian:

Manitoba Education, Training and Youth has revised its Health and Physical Education Curriculum. One of the five strands, Healthy Lifestyles Practices, includes information about the changes facing young people as they grow and develop, including physical, social and emotional growth and development. The Healthy Lifestyles Practices curriculum also talks about personal health practises and goals, active living, nutrition, substance use and abuse prevention. **We believe that when it comes to drugs, alcohol, tobacco and sexual activity in adolescence, abstinence is the healthy choice. Helping students find ways to avoid potentially dangerous activities is the most important skill we can teach students.**

All of the information that will be shared with students, including all curriculum documents, is available for your information if you wish to peruse them prior to consenting to have your student attend this class.

Please fill out the bottom of this sheet indicating your wish to have your student take part in the Healthy Lifestyles Practices portion of the curriculum. If you do not want your child to participate in this unit, they will be given other health assignments or projects, which focus on other aspects of healthy growth and development in adolescents.

Please feel free to call me if you have questions or concerns.

Family Life Program Options

My child may take part in the healthy lifestyles strand on human sexuality.

I do not wish my child to take part in the strand on human sexuality.

Name of Student

Signature of Parent/Guardian