

BRHA – CHILD AND ADOLESCENT TREATMENT CENTRE

(Information taken from www.brandonrha.mb.ca/en/Mental_Health/CATC)

WHAT IS CATC?

The Child and Adolescent Treatment Centre (CATC) provides Mental Health services to children, adolescents and their families. Services include: mental health assessments and treatment, crisis stabilization, individualized treatment plans, individual, group and family therapy, and mental health education/promotion. Clients requiring involuntary treatment may be directed to Winnipeg resources.

WHO WORKS AT CATC?

The staff includes Child/Adolescent Psychiatrists, Psychologists, Social Workers, Registered Psychiatric Nurses, Teachers, an Occupational Therapist and Psychiatric Nursing Assistants.

WHO CAN RECEIVE SERVICES FROM CATC?

Community, Day Program and Education services are available to residents of the Brandon Regional Health Authority. The Crisis Stabilization Unit and Early Intervention Service provides treatment and consultation to residents of the Brandon, Assiniboine, Central, and Parkland Regions.

CONSENTS

Clients 15 years of age and under must have the consent of parent or guardian to become involved with treatment at CATC. Clients 16 years of age and older, are unable to provide consent independently.

REFERRAL INFORMATION

Referrals can be made to explore service options and suitability prior to obtaining consent. For referrals or information please contact: Intake Workers – 571-7265 or 571-7269. Toll Free: 1-866-403-5459.

SERVICES

Day Program

Treatment is provided through individual and group therapies, focusing on self-esteem, social skills, communication, anger management, life skills and leisure skill development. Families are part of the treatment process and parent education and intervention is provided. Program staff also work in cooperation with school personnel and other involved agencies to provide the most appropriate treatment for each individual. Clients are transitioned to community school on completion of the program.

Crisis Stabilization Unit (CSU)

Provides 24-hour care to clients in crisis from Brandon, Assiniboine, Central and Parkland RHAs. Treatment focuses on alleviating the crisis and returning the client to the community. Services provided include: multi-disciplinary team assessments, individual treatment, group and family therapy, community transition and

consultation with community resources. The involvement of families is very important to treatment and parents will be provided with education, and additional resource information as necessary.

Education

CATC can provide for the educational needs of clients involved in the Crisis Stabilization Unit and Day Treatment Programs. This may include academic assessment, individualized education planning, transition to community schools and consultation.

Early Intervention Services (EIS)

This is a community service for individuals ages 15-30. The overall goal of EIS is to improve the mental health and quality of life of young people with psychosis and bi-polar disorder (BPD) through early identification and treatment. EIS includes assessment, treatment, individual and family support.

Community Services

Clients are seen on an appointment basis. Services are accessed through the Intake Workers, through phone contact and appointment. Walk-in services are also provided.

CONTACT INFORMATION

Located at 1240-10th Street
Brandon, MB R7A 7L6

Hours: 8:30 a.m. – 9:00 p.m.; Phone: (204) 578-2700

Toll Free: 1-866-403-5459

After hours phone: (204) 571-7278

CATC Fax: (204) 727-3451

Crisis Stabilization Unit Fax: (204) 728-5653